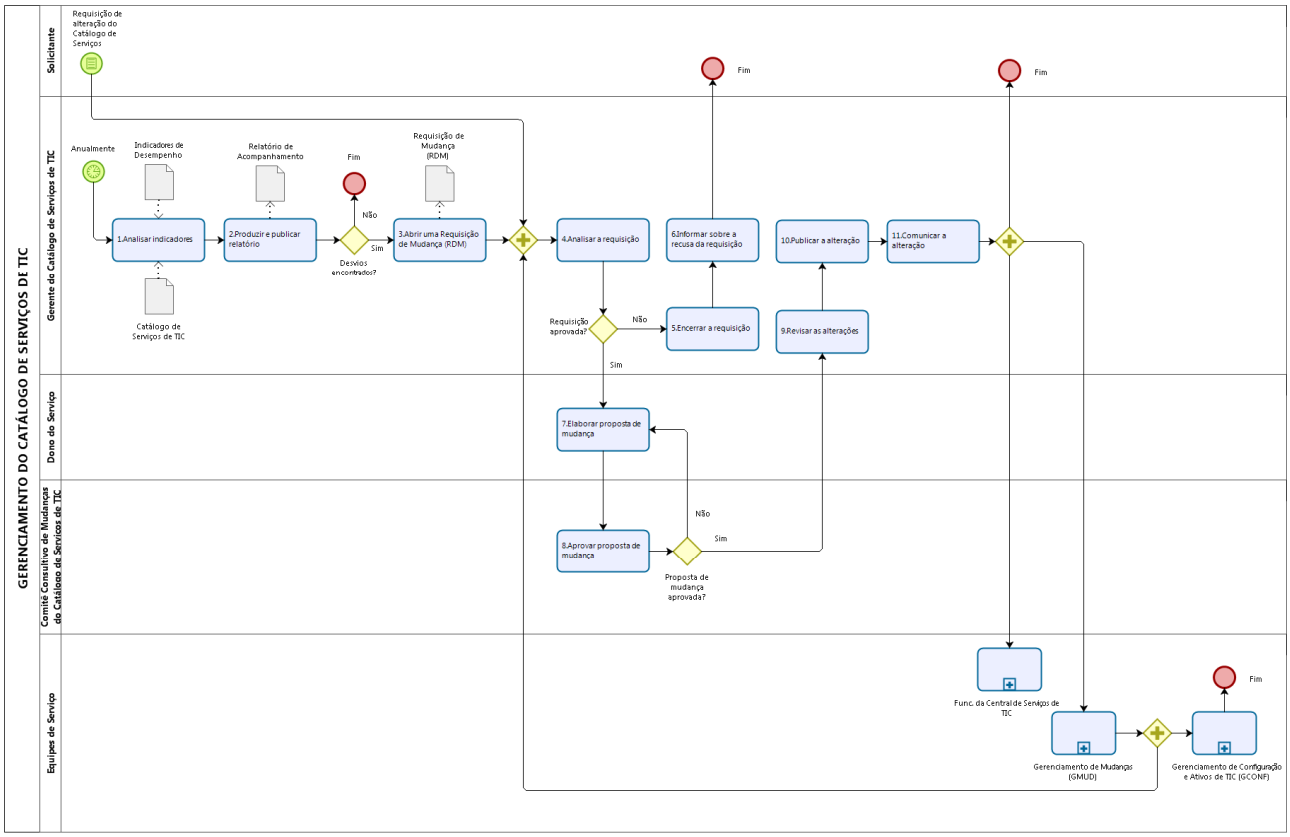ANEXO I - PORTARIA N.º 190/2019- GP